#### LEARN WITH S.M.I.L.E. COUNSELLING

# COSCA CERTIFICATE IN COUNSELLING SKILLS

SMILE Counselling is a COSCA (Counselling and Psychotherapy in Scotland) initially validated Training Provider.





### MODULE 1: LISTENING MODULE 2: RESPONDING MODULE 3: SELF-REFLECTION MODULE 4: INTEGRATION

The course consists of four modules, each comprising 36 hours of formal instruction. Over the course duration, these are accumulated to gain the COSCA Certificate in Counselling Skills.

Our course modules are £280 per module. This equates to £1,120 for the total years course. This includes all course hand books, materials and certificates.

The four modules each contain elements of skills, knowledge, self-awareness and ethics, which includes an element of self-reflection within a confidential environment.

This is an accredited counselling course which, on completion, can enhance employment opportunities and open possible further study options.

#### **Participants will learn:**

About counselling skills and approaches

How to apply these skills within the workplace or for personal development About the difference between Counselling as a professional activity and

Counselling Skills that could prove valuable for people in a wide variety of occupations.

For further information, COSCA (Counselling and Psychotherapy in Scotland) provides a Certificate in Counselling Skills Information Leaflet.

#### COURSE DATES

#### 9th Jan 2021 - 20th Nov 2021

A specialist condensed course attending on a Saturday every 2 weeks 4 Modules @ £280 = **Total** £1120

Fee includes all course handbooks, materials and certificates

# FOR MORE

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## www.smilecounselling.org.uk

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