



COSCA CERTIFICATE IN COUNSELLING SKILLS

31st August 2023 to 29th August 2024, inclusive

17.30 - 20.45 Thursday evenings

Tutor: Linsey Revell

ONLINE VIA TEAMS

The course consists of four modules, each comprising 30 hours of formal instruction. Over the course duration, these are accumulated to gain the COSCA Certificate in Counselling Skills.

The four modules each contain elements of skills, knowledge, self-awareness and ethics, which includes an element of self-reflection within a confidential environment. There are four themes associated with the modules

- Module 1 - listening
- Module Two: responding
- Module Three: self-reflection
- Module Four: integration

This is an accredited counselling course which, on completion, can enhance employment opportunities and open possible further study options.

Participants will learn:

- About counselling skills and approaches
- How to apply these skills either within the workplace or for personal development
- About the difference between Counselling as a professional activity and Counselling Skills that could prove valuable for people in a wide variety of occupations.

The cost is £280 per Module (£1120 for the whole course including materials, handbooks and certificate).

You may pay by bank transfer or by card (credit or debit card). In either case, you will be invoiced one month in advance of each Module payment is due 2 weeks before each module starts.

The course will be delivered online via ZOOM



Timetable

The timetable is detailed below:

Unit	Module 1	Module 2	Module 3	Module 4
1	31/08/2023	23/11/2023	22/02/2024	30/05/2024
2	07/09/2023	30/11/2023	29/02/2024	06/06/2024
3	14/09/2023	07/12/2023	07/03/2024	13/06/2024
4	21/09/2023	14/12/2023	14/03/2024	20/06/2024
5	28/09/2023	21/12/2023	28/03/2024	27/06/2024
6	05/10/2023	11/01/2024	18/04/2024	04/07/2024
7	12/10/2023	18/01/2024	25/04/2024	11/07/2024
8	26/10/2023	25/01/2024	02/05/2024	15/08/2024
9	02/11/2023	01/02/2024	09/05/2024	22/08/2024
10	09/11/2023	08/02/2024	16/05/2024	29/08/2024